



# DECEMBER 2016 Spring Valley Academy LUNCH MENU

*Serving food for a  
healthy Child and  
a healthy future*

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>
28 Fri Chik Buttered Rice Calif. Blend or FV Peaches or FF S.S. Biscuit .60	29 Prime Stake Baked Potato Broccoli or FV Tropical Frit or FF Milk or juice S.S. Soft Pretzel .90	30 Chik Parmesan Pasta Alfredo Green Beans or FV Apricots or FF Milk or Juice S.S. Cheese Brd Stix 1.30	1 Grilled Cheese Sandwich Tomato or Potato Soup Pears or FF Milk or Juice S.S. Reuben Sand. 3.00	2 Strawberry Waffles Egg Patty Hash Brown Patty Milk or Juice S.S. Brkfst Links 1.45
5 Spaghetti Green Beans or FV Pears or FF Milk or Juice S.S. Cheese Brd Stix 1.30	6 Tater Tot Casserole Corn or FV Peaches or FF Milk or Juice S.S. Biscuit .60	7 Egg Mc SVA Hash Brown Patty Applesauce or FF Milk or Juice S.S. Brkfst Patty 1.35	8 Mac 'n' Cheese Peas or FV Tropical Fruit or FF Milk or Juice S.S. Lg. S. Y. Roll 1.25	9 Sub Sandwich Pears or FF Milk or Juice S.S. Nachos 1.65
12 French Toast Sticks Egg Pattie Hash Brown Patty Applesauce or FF Milk or Juice S.S. Brkfst Links 1.45	13 HAYSTACK Pears or FF Milk or Juice S.S. Corn Salsa or Guacamole .90 S.S. Corn Muffin .60	14 Quesadilla w/ Sour Cream & Salsa Plate Salad or FV Mandarin Oranges or FF Milk or Juice S.S. <b>BIRTHDAYS \$1.00</b>	15 Cheese Pizza Plate Salad or FV Pineapple or FF Milk or Juice S.S. Garlic Bread 2.70	<p style="color: red; font-weight: bold; font-size: 1.2em;">No Lunch</p> <p style="color: red; font-weight: bold; font-size: 1.2em;">Served</p> <p style="color: red; font-weight: bold; font-size: 1.2em;">Class Parties</p>
<p style="color: green; font-size: 2em; font-weight: bold;">A VERY</p>	<p style="color: green; font-size: 2em; font-weight: bold;">MERRY</p>	<p style="color: green; font-size: 2em; font-weight: bold;">CHRISTMAS</p>	<p style="color: green; font-size: 2em; font-weight: bold;">EVERYONE !!</p>	<p style="color: green; font-size: 2em; font-weight: bold;">23</p> 
26 	<p style="color: red; font-size: 2em; font-weight: bold;">AND A</p>	<p style="color: red; font-size: 2em; font-weight: bold;">HAPPY</p>	<p style="color: red; font-size: 2em; font-weight: bold;">HEALTHY</p>	<p style="color: red; font-size: 2em; font-weight: bold;">NEW YEAR!!!</p> 

**News:**

Plate price K - 4 is \$3.85  
Plate price for 5 - 12 is \$4.35

AVAILABLE DAILY:

- Btld Water Sm..85 /Lg.\$1.10 **BLS**
- Juice .55 **BLS**
- L.F. Milk's .65 **BLS**
- Silk's \$1.80 **BLS**
- String Cheese Stick .80 **BLS**
- Yogurt Cup \$1.00 **BLS**
- Bagel w/Cream Cheese 1.40 **BLS**
- Bagel w/Strawberry Crm Chse 1.55
- Cereal w/ Milk \$1.70 **BLS**
- English Muffin .90 **BLS**
- PBJ Sandwich \$2.10 **BLS**
- XLg Muffin \$1.60 **BLS**
- Lg. Entrée Salad \$4.50 **L**
- Small Entrée Salad \$3.00 **L**
- Fresh Fruits .80 **BLS**
- Fresh Vegetables .80 **LS**
- Hummus w/Chips \$2.20 **LS**
- Salad's Sm. .95/ Lg. \$1.85 **L**
- Low Fat Snacks \$1.20 **LS**
- Various Spread Sandwich's \$2.75

S.S. Look for our  
"Side Specials"  
offered extra each month!!

FF = Fresh Vegetable  
FF = Fresh Fruit

AVAILABLE AT:

**B** = Breakfast  
**L** = Lunch  
**S** = Snack