



# JANUARY 2017 Spring Valley Academy LUNCH MENU



*Serving food for a  
healthy Child and  
a healthy future...*

Mon	Tue	Wed	Thu	Fri
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Happy New Year !!</b>	Chik Nuggets w/ Sauce Buttered Rice Calif. Blnd. or FV Tropical Fruit or FF Milk or Juice <b>S.S.</b> S.Y. Roll .60	Egg Mc SVA Hash Brown Applesauce or FF Milk or Juice <b>S.S.</b> Brkfst Patty 1.35	Spaghetti Green Beans or FV Pears or FF Milk or Juice <b>S.S.</b> Cheese Brd Stix 1.30	Hot Dog Chili or Salad Peaches Milk or Juice
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Fri Chik Buttered Rice Corn or FV Apricots or FF Milk or Juice <b>S.S.</b> Biscuit .60	Macc 'n' Cheese Peas or FV Tropical Fruit or FF Milk or Juice <b>S.S.</b> Lg. S.Y. Roll 1.25	Scallops Twice Baked Potatoes Spinach or FV Peaches or FF Milk or Juice <b>S.S.</b> S.D. Roll .60	French Toast Sticks Egg Patty Hash Brown Applesauce or FF Milk or Juice <b>S.S.</b> Brkfst Links 1.45	Sub Sandwich Pears or FF Milk or Juice <b>S.S.</b> Nachos 1.65
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>No School !!</b>  	Biscuit 'n' Gravy Egg Patty Hash brown Patty Applesauce or FF Milk or Juice <b>S.S.</b> Brkfst. Links 1.45	Quesadilla w/ Sour Cream & Salsa Plate Salad Mandarin Oranges or FF Milk or Juice <b>S.S.</b> <b>BIRTHDAYS \$1.00</b>	Pizza Plate Salad or FV Pineapple or FF Milk or Juice <b>S.S.</b> Garlic Bread 2.70	Chik Patty Sandwich Smilie Fries or S.W. Peppers Peaches or FF Milk or Juice
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Prime Stake Baked Potato Broccoli or FV Peaches or FF Milk or Juice <b>S.S.</b> Soft Pretzel .90	Burger Roast Mashed Potatoes w/ Gravy Peas or FV Tropical Fruit or FF Milk or Juice <b>S.S.</b> Roll .60	Chik Parmesan Buttered Noodles Calif. Blend or FV Pears or FF Milk or Juice <b>S.S.</b> Cheese Brd Stix 1.30	Grilled Cheese Sand. Tomato Soup or FV Apricot or FF Milk or Juice <b>S.S.</b> Reuben Sand. 3.00	Strawberry Waffle Egg Patty Hash Brown Patty Milk or Juice <b>S.S.</b> Brkfst Links 1.45
<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>
Egg Roll Chik'n' Fried Rice Dried Noodles Fortune Cookie Tropical or FF Milk or Juice	Haystack Pears or FF Milk or Juice <b>S.S.</b> Guacamole or Corn Salsa .90 each <b>S.S.</b> Corn Muffin .60	Quesadilla w/Sour Cream & Salsa Plate Salad or FV Mandarin Oranges or FF Milk or Juice <b>S.S.</b> Corn Muffin .60	Pizza Plate Salad or FV Pineapple or FF Milk or Juice <b>S.S.</b> Garlic Bread 2.70	Griller Sandwich Cheese Tots or S.W. Peppers Peaches or FF Milk or Juice

**News:**

Plate price K- 4 is \$3.85  
Plate price for 5 - 12 is \$4.35

**AVAILABLE DAILY:**

- Btld Water Sm..85 /Lg.\$1.10 **BLS**
- Juice .55 **BLS**
- L.F. Milk's .65 **BLS**
- Silk's \$1.80 **BLS**
- String Cheese Stick .80 **BLS**
- Yogurt Cup \$1.00 **BLS**
- Bagel w/Cream Cheese 1.40 **BLS**
- Bagel w/Strawberry Crm Chse 1.55
- Cereal w/ Milk \$1.70 **BLS**
- English Muffin .90 **BLS**
- PBJ Sandwich \$2.10 **BLS**
- XLg Muffin \$1.60 **BLS**
- Lg. Entrée Salad \$4.50 **L**
- Small Entrée Salad \$3.00 **L**
- Fresh Fruits .80 **BLS**
- Fresh Vegetables .80 **LS**
- Hummus w/Chips \$2.20 **LS**
- Salad's Sm. .95/ Lg. \$1.85 **L**
- Low Fat Snacks \$1.20 **LS**
- Various Spread Sandwich's \$2.75

**S.S.** Look for our  
"Side Specials"  
offered extra each month!!

**FV** = Fresh Vegetable  
**FF** = Fresh Fruit

**AVAILABLE AT:**

**B** = Breakfast  
**L** = Lunch  
**S** = Snack

