



April 2017 Spring Valley Academy LUNCH MENU



*Serving food for a
healthy Child and
a healthy future*

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thur</i>	<i>Fri</i>
3 Prime Stake Baked Potatoes Broccoli or FV Apricots or FF Milk or Juice S.S. Soft Pretzel .90	4 Macc . And Cheese Peas or FV Pears or FF Milk or Juice S.S. Lg. S.Y. Roll 1.25	5 Quesadilla w/ Salsa & Sour Cream Plate Salad or FV Mandarin Oranges or FF Milk or Juice S.S. Corn Muffin .60	6 Cheese Pizza Plate Salad or FV Pineapple or FF Milk or Juice S.S. Garlic Bread 2.70	7 Hot Dog Chili or Salad Peaches or FF Milk or Juice
10 Fri Chik Buttered Rice Corn or FV Tropical Fruit or FF Milk or Juice S.S. Biscuit .60	11 Haystack Mandarin Oranges or FF Milk or Juice S.S. Guacamole or Corn Salsa .80 S.S. Corn Muffin .60	12 Egg McSVA Hash Brown Peaches or FF Milk or Juice S.S. Brkfst Patty 1.35	No School !! Parent / Teacher Conferences	14 Chik Patty Sandwich Smilie Fries or S.W. Peppers Pears or FF Milk or Juice
17 Spaghetti Green Beans or FV Pears or FF Milk or Juice S.S. Chse Brd Stick 1.30	18 Strawberry Waffle Egg Patty Hash Brown Milk or Juice S.S. Brkfst Links 1.45	19 Quesadilla w/Salsa & Sour Cream Plate Salad or FV Mandarin Oranges or FF Milk or Juice S.S. BIRTHDAYS \$1.00	20 Cheese Pizza Plate Salad Pineapple or FF Milk or Juice S.S. Garlic Bread 2.70	21 Egg Roll Chik'n Fried Rice Dried Noodles Fortune Cookies Tropical Fruit or FF Milk or Juice
24 Biscuit 'n' Gravy Egg Patty Hash Brown Applesauce or FF Milk or Juice S.S. Brkfst Links 1.45	25 Special K Roast Mash Potatoes w/Gravy Peas or FV Peaches or FF Milk or Juice S.S. Roll .60	26 Ravioli Green Beans or FV Pears or FF Milk or Juice S.S. Chse Brd Stick 1.30	27 Grilled Cheese Sandwich Tomato Soup or Salad Tropical Fruit or FF Milk or Juice S.S. Reuben Sand. 3.00	28 Sub Sandwich Mandarin Oranges or FF Milk or Juice S.S. Nachos 1.65
May 1 Chik Parmesan Buttered Noodles Calif. Blend or FV Pears or FF Milk or Juice S.S. Chse Brd Stick 1.30	2 Scallops Twice Baked Potatoes Spinach or FV Mandarin Oranges or FF Milk or Juice S.S. S.D. Roll .60	3 Chik Nuggets w/Sauce Buttered Rice Broccoli or FV Tropical Fruit or FF Milk or Juice S.S. Lg. S.Y. Roll 1.25	4 French Toast Sticks Egg Patty Hash brown Applesauce or FF Milk or Juice S.S. Brkfst Links 1.45	5 Griller Sandwich Cheese Tots or S.W. Peppers Peaches or FF Milk or Juice

News:

Plate price K - 4 is \$3.85
Plate price for 5-12 is \$4.35

AVAILABLE DAILY:

- Btld Water Sm..85 /Lg.\$1.10 **LS**
- Juice .55 **LS**
- L.F. Milk's .65 **LS**
- Silk's \$1.80 **LS**
- String Cheese Stick .80 **LS**
- Yogurt Cup \$1.00 **LS**
- Bagel w/Cream Cheese 1.40 **LS**
- Bagel w/Strawberry Crm Chse 1.55
- Cereal Bar's \$1.40 **LS**
- Cereal w/ Milk \$1.70 **LS**
- English Muffin .90 **LS**
- PBJ Sandwich \$2.10 **LS**
- Super Donut \$1.10 **LS**
- XLg Muffin \$1.60 **LS**
- Lg. Entrée Salad \$4.50 **L**
- Small Entrée Salad \$3.00 **L**
- Fresh Fruits .80 **LS**
- Fresh Vegetables .80 **LS**
- Hummus w/Chips \$2.20 **LS**
- Salad's Sm. .95/ Lg. \$1.85 **L**
- Low Fat Snacks \$1.20 **LS**
- Various Spread Sandwich's \$2.75

S.S. Look for our "Side Specials" offered extra each month!!

FV = Fresh Vegetable
FF = Fresh Fruit

AVAILABLE AT:

L = Lunch
S = Snack

