



# May 2017 Spring Valley Academy LUNCH MENU



*Serving food for a  
healthy Child and  
a healthy future*

<i><b>Mon</b></i>	<i><b>Tue</b></i>	<i><b>Wed</b></i>	<i><b>Thur</b></i>	<i><b>Fri</b></i>
1 Chik Parmesan Buttered Noodles Caif. Blend or FV Pears or FF Milk or Juice S.S. Cheese Bread Stix 1.30	2 Scallops 2ce Baked Spuds Spinach or FV Mandarin Oranges or FF Milk or Juice S.S. S.D. Roll .60	3 Chik Nuggets w/ Sauce Buttered Rice Broccoli or FV Tropical or FF Milk or Juice S.S. Lg. S.Y. Roll 1.25	4 French Toast Stix Egg Patty Hash Brown Applesauce or FF Milk or Juice S.S. Brkfst Links 1.45	5 Griller Sandwich Chse Tots or S.W. Peppers Peaches or FF Milk or Juice
8 Spaghetti Green Beans or FV Pears or FF Milk or Juice S.S. Cheese Bread Stix 1.30	9 Prime Stake Bake Potato Broccoli or FV Peaches or FF Milk or Juice S.S. Soft Pretzel .90	10 Tater Tot Cass. Calif.Blend or FV Tropical Fruit or FF Milk or Juice S.S. Biscuit .60	11 Grilled Cheese Sand Tomato Soup or Salad Peaches or FF Milk or Juice S.S. Reuben 3.00	12 Strawberry Waffle Egg Patty Hash Brown Milk or Juice S.S. Brkfst Links 1.45
15 Biscuit & Gravy Egg Patty Hash Brown Peaches or FF Milk or Juice S.S. Brkfst Links 1.45	16 Haystack Pears or FF Milk or Juice S.S. Guacamole or Corn Salsa .90 ea. S.S. Corn Muffin .60	17 Quesadilla w/ Salsa & Sour Cream Plate Salad or Carrots Mandarin Oranges or FF Milk or Juice <i>May &amp; June</i> S.S. <b>BIRTHDAY'S \$1.00</b>	18 Cheese Pizza Plate Salad or Carrots Pineapple or FF Milk or Juice S.S. Garlic Bread 2.70	19 Chik Patty Sandwich Smilie Fries or S.W. Peppers Pears or FF Milk or Juice
22 Fri Chik Buttered Rice Vegetable or FV Tropical Fruit or FF Milk or Juice S.S. Roll .60	23 French Toast Stix Egg Patty Hash Brown Applesauce or FF Milk or Juice S.S. Brkfst Links 1.45	24 Macc n Cheese Peas or FV Fruit Variety Milk or Juice S.S. Lg. S.Y. Roll 1.25	25 Corn Dog Fried Food Variety Fruit Variety Milk or Juice	26 <b>NO LUNCH TODAY *PARTY* Happy Summer!!</b>
29 <b>HAVE A</b>	30 <b>GREAT SAFE</b>	31 <b>SUMMER!!!</b>	1 <b>SEE YOU</b>	2 <b>NEXT YEAR!!</b>

**News:**

Plate price for K-4 is \$3.85  
Plate price for 5-12 is \$4.35

**AVAILABLE DAILY:**

- Btld Water Sm..85 /Lg.\$1.10 **LS**
- Juice .55 **LS**
- L.F. Milk's .65 **LS**
- Silk's \$1.80 **LS**
- String Cheese Stick .80 **LS**
- Yogurt Cup \$1.00 **LS**
- Bagel w/Cream Cheese 1.40 **LS**
- Bagel w/Strawberry Crm Chse 1.55
- Cereal Bar's \$1.40 **LS**
- Cereal w/ Milk \$1.70 **LS**
- English Muffin .90 **LS**
- PBJ Sandwich \$2.10 **LS**
- Super Donut \$1.10 **LS**
- XLg Muffin \$1.60 **LS**
- Lg. Entrée Salad \$4.50 **L**
- Small Entrée Salad \$3.00 **L**
- Fresh Fruits .80 **LS**
- Fresh Vegetables .80 **LS**
- Hummus w/Chips \$2.20 **LS**
- Salad's Sm. .95/ Lg. \$1.85 **L**
- Low Fat Snacks \$1.20 **LS**
- Various Spread Sandwich's \$2.75

**S.S.** Look for our "Side Specials" offered extra each month!!

**FV** = Fresh Vegetable  
**FF** = Fresh Fruit

**AVAILABLE AT:**

**L** = Lunch  
**S** = Snack

