



AUGUST 2017 Spring Valley Academy LUNCH MENU



*Serving food for a
healthy Child and
a healthy future*

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thur</i>	<i>Fri</i>
31 	1	2	3	4
7 WELCOME	8 BACK	9 S.V.A.	10 BEAUTIFUL	11 PEOPLE !!
14 Home & School Welcome back dinner 5:00 Kindergarten 5:30 Open House 6:30	15	16 Spaghetti Green Beans Pears Milk or Juice S.S. Cheese Bread Stix 1.30	17 Grilled Cheese Sand. Tomato Soup Tropical Fruit Milk or Juice S.S. Reuben Sand. 3.00	18 Strawberry Waffle Egg Patty Hash Brown Milk or Juice S.S. Brkfst Links 1.45
21 Chik Nuggets w/ Dip Fried Rice Carrots Tropical Fruit Milk or Juice S.S. Biscuit .60	22 Haystack Pears Milk or Juice S.S. Guacamole or Corn Salas .90 S.S. Corn Muffin .60	23 Quesadilla Plate Salad Mandarin Oranges Milk or Juice JULY & AUGUST S.S. BIRTHDAY'S \$1.00	24 Cheese Pizza Plate Salad Pineapple Milk or Juice S.S. Garlic Bread 2.70	25 Hot Dog Chili Peaches Milk or Juice
28 Prime Stake Baked Potato w/ Sour Cream Broccoli Pears Milk or Juice S.S. Soft Pretzel .90	29 Tater Tot Casserole Green Beans Peaches Milk or Juice S.S. Biscuit .60	30 French Toast Sticks Egg Patty Hash brown Applesauce Milk or Juice S.S Brkfst. Links 1.45	31 Macc 'n' Cheese Peas Tropical Milk or Juice S.S. Lg. S.Y. Roll 1.25	1 Chik Patty Sandwich Smilie Fries or S.W. Peppers Apricots Milk or Juice

News:

Plate price for K- 4 is \$3.85
Plate price for 5 -12 is \$4.35

AVAILABLE DAILY:

- Btld Water Sm..85 /Lg.\$1.10 **LS**
- Juice .55 **LS**
- L.F. Milk's .65 **LS**
- Silk's \$1.80 **LS**
- String Cheese Stick .80 **LS**
- Yogurt Cup \$1.00 **LS**
- Bagel w/Cream Cheese 1.40 **LS**
- Bagel w/Strawb Crm Chse 1.55
- Cereal w/ Milk \$1.70 **LS**
- English Muffin .90 **LS**
- PBJ Sandwich \$2.10 **LS**
- XLg Muffin \$1.60 **LS**
- Lg. Entrée Salad \$4.50 **L**
- Small Entrée Salad \$3.00 **L**
- Fresh Fruits .80 **LS**
- Fresh Vegetables .80 **LS**
- Hummus w/Chips \$2.20 **LS**
- Salad's Sm. .95/ Lg. \$1.85 **L**
- Low Fat Snacks \$1.20 **LS**
- Various Spread Sandwich's \$2.75

S.S. Look for our

"Side Specials"
offered extra each month!!

FV = Fresh Vegetable
FF = Fresh Fruit

AVAILABLE AT:

L = Lunch
S = Snack

