



SEPTEMBER 2017 Spring Valley Academy LUNCH MENU



*Serving food for a
healthy Child and
a healthy future*

Mon	Tue	Wed	Thur	Fri
28 Prime Steak Baked Potato w/ Sour Cream Broccoli Pears Milk or Juice S.S. Soft Pretzel .90	29 Tater Tot Cass. Green Beans Peaches Milk or Juice S.S. Biscuit .60	30 French Toast Stix Egg Patty Hash Brown Patty Applesauce Milk or Juice S.S. Brkfst. Links 1.45	31 Macc "n" Cheese Peas Tropical Milk or Juice S.S. Lg. S.Y. Roll 1.25	1 Chik Patty Sandwich Cheese Tots or S.W. Peppers Apricots Milk or Juice
NO SCHOOL !! LABOR DAY	4 Chik Parmesan Buttered Noodles Calif. Blend Peaches Milk or Juice S.S. Cheese Bread Stix 1.30	5 Quesadilla Plate Salad Mandarin Oranges Milk or Juice S.S. Corn Muffin .60	6 Cheese Pizza Plate Salad Pineapple Milk or Juice S.S. Garlic Bread 2.70	7 Biscuit 'n' Gravy Egg Patty Hash Brown Patty Peaches Milk or Juice S.S. Brkfst Links 1.45
11 Stroganoff Calif. Blend Apricots Milk or Juice S.S.Chse Brd Stix 1.30	12 Special K. Roast Mash Potato w/Gravy Peas Peaches Milk or Juice S.S. Roll .60	13 Egg Mc SVA Hash Brown Patty Applesauce Milk or Juice S.S. Brkfst. Patty 1.35	14 Ravioli Green Beans Pears Milk or Juice S.S. Cheese Bread Stix	15 Griller Sandwich Cheese Tots or S.W. Peppers Tropical Fruit Milk or Juice
18 Fri Chik Buttered Rice Calif. Blend Pears Milk or Juice S.S. Biscuit .60	19 Haystack Pears Milk or Juice S.S. Corn Salsa or Guacamole .90 S.S. Corn Muffin .60	20 Quesadilla Plate Salad Mandarin Oranges Milk or Juice SEPTEMBER S.S. BIRTHDAYS \$1.00	21 Cheese Pizza Plate Salad Pineapple Milk or Juice S.S. Garlic Bread 2.70	22 Corn Dog Smilie Fries or S.W. Peppers Milk or Juice
25 Chicken Alfredo Green Beans Tropical Milk or Juice S.S. Cheese Bread Stix 1.30	26 Scallops Twiced Baked Potatoes Spinach Tropical Milk or Juice S.S. Sour Dough Roll .60	27 French Toast Stix Egg Patty Hash Brown Patty Applesauce Milk or Juice S.S. Brkfst. Links 1.45	28 Grilled Cheese Sandwich Tomato Soup Pears Milk or Juice S.S. Reuben Sand. 3.00	29 Sub Sandwich Peaches Milk or Juice S.S. Nachos 1.65

News:

Plate price K - 4 is \$3.85
Plate price for 5-12 is \$4.35

AVAILABLE DAILY:

- Btld Water Sm..85 /Lg.\$1.10 **LS**
- Juice .55 **LS**
- L.F. Milk's .65 **LS**
- Silk's \$1.80 **LS**
- String Cheese Stick .80 **LS**
- Yogurt Cup \$1.00 **LS**
- Bagel w/Cream Cheese 1.40 **LS**
- Bagel w/Strawberry Crm Chse 1.55
- Cereal Bar's \$1.40 **LS**
- Cereal w/ Milk \$1.70 **LS**
- English Muffin .90 **LS**
- PBJ Sandwich \$2.10 **LS**
- XLg Muffin \$1.60 **LS**
- Lg. Entrée Salad \$4.50 **L**
- Small Entrée Salad \$3.00 **L**
- Fresh Fruits .80 **LS**
- Fresh Vegetables .80 **LS**
- Hummus w/Chips \$2.20 **LS**
- Salad's Sm. .95/ Lg. \$1.85 **L**
- Low Fat Snacks \$1.20 **LS**
- Various Spread Sandwich's \$2.75

S.S. Look for our
"Side Specials"
offered extra each month!!

FV = Fresh Vegetable
FF = Fresh Fruit

AVAILABLE AT:

L = Lunch
S = Snack

