



DECEMBER 2017 Spring Valley Academy LUNCH MENU

*Serving food for a
healthy Child and
a healthy future*

Mon	Tue	Wed	Thur	Fri
27 Prime Stake Baked Potato Broccoli Peaches Milk or Juice S.S. Soft Pretzel .90	28 Scallops Twice Baked Potatoes Spinach Apricot Milk or Juice S.S. Roll .60	29 Egg Mc SVA Hash Brown Patty Applesauce Milk or Juice S.S. Brkfst Patty 1.35	30 Grilled Cheese Sandwich Tomato Tropical Fruit Milk or Juice S.S. Reuben Sand. 3.00	1 Chik Patty Sandwiches Smilie Fries or S.W. Peppers Pears Milk or Juice
4 Chik Nuggets w/ Sauce Buttered Rice Green Beans Tropical Fruit Milk or Juice S.S. Roll .60	5 Tater Tot Casserole Corn Peaches Milk or Juice S.S. Biscuit .60	6 Chik Parmesan Buttered Noodles Calif. Blend Pears Milk or Juice S.S. Cheese Brd Stix 1.30	7 Mac 'n' Cheese Peas Applesauce Milk or Juice S.S. Lg. S. Y. Roll 1.25	8 Strawberry Waffles Egg Patty Hash Brown Patty Milk or Juice S.S. Brkfst Links 1.45
11 French Toast Sticks Egg Pattie Hash Brown Patty Applesauce Milk or Juice S.S. Brkfst Links 1.45	12 HAYSTACK Pears or FF Milk or Juice S.S. Corn Salsa or Guacamole .90 S.S. Corn Muffin .60	13 Quesadilla w/ Sour Cream & Salsa Plate Salad or FV Mandarin Oranges or FF Milk or Juice S.S. BIRTHDAYS \$1.00	14 Cheese Pizza Plate Salad or FV Pineapple or FF Milk or Juice S.S. Garlic Bread 2.70	15 No Lunch Served Class Parties
18 A VERY	19 MERRY	20 CHRISTMAS	21 EVERYONE !!	22 
25  	26 AND A	27 HAPPY	28 HEALTHY	29 NEW YEAR!!!

News:

Plate price K - 4 is \$3.85
Plate price for 5 - 12 is \$4.35

AVAILABLE DAILY:

- Btld Water Sm..85 /Lg.\$1.10 **LS**
- Juice .55 **LS**
- L.F. Milk's .65 **LS**
- Silk's \$1.80 **LS**
- String Cheese Stick .80 **LS**
- Yogurt Cup \$1.00 **LS**
- Bagel w/Cream Cheese 1.40 **LS**
- Bagel w/Strawberry Crm Chse 1.55
- Cereal w/ Milk \$1.70 **LS**
- English Muffin .90 **LS**
- PBJ Sandwich \$2.10 **LS**
- XLg Muffin \$1.60 **LS**
- Lg. Entrée Salad \$4.50 **LS**
- Small Entrée Salad \$3.00 **LS**
- Fresh Fruits .80 **LS**
- Fresh Vegetables .80 **LS**
- Hummus w/Chips \$2.20 **LS**
- Salad's Sm. .95/ Lg. \$1.85 **LS**
- Low Fat Snacks \$1.20 **LS**
- Various Spread Sandwich's \$2.75

S.S. Look for our
"Side Specials"
offered extra each month!!

FV = Fresh Vegetable
FF = Fresh Fruit

AVAILABLE AT:

L = Lunch
S = Snack

